

CocoHydro: Original

Ingredients: organic evaporated coconut water, tapioca dextrose (as a processing aid), Bali sea salt, ascorbic acid (vitamin C)

Nutrition Facts

Serving Size 1 Tbsp (11g)

Serving Per Container 25

Amount Per Serving

Calories 40

Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 40mg 2%

Potassium 326mg 10%

Total Carbohydrate 10g 3%

Dietary Fiber 0g 0%

Sugars 8g

Protein 0g

Vitamin A 0% • **Vitamin C** 100%

Calcium 3% • **Iron** 0%

Manganese 6% • **Magnesium** 15%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs