

# Nutrition Facts

Serving Size 1 Bar (36g)

Calories 130

Calories from Fat 30

\* Percent Daily Values  
(DV) are based on a  
2,000 calorie diet.

| Amount/Serving | % DV* | Amount/Serving   | % DV* | Amount/Serving     | % DV* |
|----------------|-------|------------------|-------|--------------------|-------|
| Total Fat3.5g  | 5%    | Sodium 95mg      | 4%    | Insoluble Fiber 2g |       |
| Sat. Fat 1g    | 5%    | Potassium 105mg  | 3%    | Sugars 11g         |       |
| Trans Fat 0g   |       | Total Carb. 24g  | 8%    | Other Carb. 10g    |       |
| Cholest. 0mg   | 0%    | Dietary Fiber 3g | 12%   | Protein 3g         |       |

Vit. A 6% • Vit. C 35% • Calcium 20% • Iron 10% • Thiamin (B1) 30% • Riboflavin (B2) 15%  
Niacin (B3) 20% • Vit. B6 20% • Folate 20% • Vit. B12 10% • Phosphorus 2% • Zinc 15%