

Nutrition Facts

Serv. Size 1 Bar (68g)

Calories 230

Calories from Fat 30

* Percent Daily Values
(DV) are based on a
2,000 calorie diet.

6.2 R13

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 3.5g	5%	Sodium 125mg	5%	Insoluble Fiber 2g	
Sat. Fat 0g	0%	Potassium 240mg	7%	Sugars 25g	
Trans Fat 0g		Total Carb. 45g	15%	Other Carb. 15g	
Cholest. 0mg	0%	Dietary Fiber 5g	20%	Protein 9g	18%
Vit. A 10% • Vit. C 50% • Calcium 25% • Iron 25% • Vit. D 10% • Vit. E 50% • Vit. K 25%					
Thiamin (B1) 10% • Riboflavin (B2) 15% • Niacin (B3) 15% • Vit. B6 20% • Folate 20%					
Vit. B12 15% • Biotin 10% • Pantothenic Acid 20% • Phosphorus 10% • Iodine 10%					
Magnesium 10% • Zinc 10% • Selenium 10% • Copper 15% • Manganese 10%					
Chromium 4%					