

Nutrition Facts

Serving Size 1oz/about/approx 14 chips (28.4g)
Servings Per Container 7.5

Amount Per Serving

Calories 140 Calories from Fat 60

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 0.5g **5%**

Trans Fat 0g

Polyunsaturated 0.5g

Monounsaturated 6g

Cholesterol 0mg **0%**

Sodium 270mg **7%**

Total Carbohydrate 17g **6%**

Dietary Fiber 1g **4%**

Sugars less than 1g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Chickpea Flour (Garbanzo Flour), Corn, Corn Flour, Sunflower Oil, Safflower Oil, Corn Starch, Corn Masa, Corn Starch, Sugar, Salt, Sun Dried Tomato, Sesame Seed, Corn Germ, Rice Extract, Onion Powder, Spices, Garlic Powder.

Contains: Sesame seed