# Product Information: PediaSure® 1.5 Cal with Fiber

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## PediaSure® 1.5 Cal with Fiber

## **Complete, Balanced Nutrition®**

- PediaSure 1.5 Cal with Fiber is a higher<sup>\*</sup> caloric density product designed to meet the higher energy requirements of pediatric patients who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions. PediaSure 1.5 Cal with Fiber provides a source of complete, balanced nutrition for children 1 to 13 years of age.
- 1 May be used as the sole source of nutrition or as a supplement.
- 1 Formulated for oral or tube feeding.
- 1 Use under medical supervision.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1 to 8 years of age in 1000 mL, and for children 9 to 13 years of age in 1500 mL.
- 1 Excellent source of high-quality protein designed to meet the acceptable macronutrient distribution range of protein for children ages 1 to 13.
- 1 A blend of prebiotics designed to support digestive tract health and antioxidants† to support the immune system.<sup>1,2,3</sup>
- 1 Excellent source of DHA omega-3<sup>†</sup> to help support brain and eye health.
- Meets 100% of the 2011 updated Dietary Reference Intake (DRI) values for calcium and vitamin D for children 1-8 years of age in 1000 mL and for children 9-13 years of age in 1500 mL.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

## **Safety Precautions**

- 1 Not for IV use.
- 1 Not intended for infants under 1 year of age unless specified by a physician.
- 1 Not for children with galactosemia.
- 1 Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination.
- <sup>\*</sup> Caloric value is 1.5 Cal/mL compared to base PediaSure® at 1.0 Cal/mL.
- <sup>†</sup> 32 mg of DHA per 8-fl-oz serving (20% of 160 mg Daily Value).
- <sup>1</sup> Bornet FR, et al. Nutr Rev 2002;60:326-334.
- <sup>2</sup> Tokunaga T, et al. Bifidus 1993;6:143-150.
- <sup>3</sup> Hidaka H, et al. Bifidobact Microflora 1986;5:37-50.

## Ingredients

#### Liquid Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, High Oleic Safflower Oil, Soy Oil, Short-Chain Fructooligosaccharides, Medium-Chain Triglycerides. Less than 0.5% of the Following: Oat Fiber, Natural & Artificial Flavor, Potassium Citrate, Soy Fiber, Cellulose Gel, Magnesium Phosphate, Potassium Chloride, Soy Lecithin, Monoglycerides, Salt, Calcium Phosphate, Choline Chloride, Ascorbic Acid, C.

Cohnii Oil<sup>\*</sup>, Cellulose Gum, Potassium Hydroxide, Carrageenan, m-Inositol, Taurine, Sucralose, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Zinc Sulfate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Cupric Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

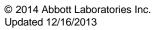
\* Source of docosahexaenoic acid (DHA)

Allergens: Contains milk and soy ingredients.

### **Availability**

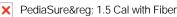
List Number	Item		
56411	PediaSure 1.5 Cal w Fiber Ready-to-Drink / 8-fl-oz (237-mL) Can / 24 ct		
62749	PediaSure 1.5 Cal w Fiber Ready-to-Hang Vanilla / 1000-mL (1.1 QT) Bottle / 8 ct		

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## **Nutrition Information - Liquid Vanilla**

	8 fl oz (237 mL)		1000 mL	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, % Cal	16		16	
Protein Source	Milk Protein Concentrate		Milk Protein Concentrate	
Fat, % Cal	41		41	
Fat Source	High Oleic Safflower Oil, Soy Oil, Medium- Chain Triglycerides		High Oleic Safflower Oil, Soy Oil, Medium- Chain Triglycerides	
Fat Ratio	43:42:15		43:42:15	
Carbohydrate, % Cal	43		43	
Carbohydrate Source	Corn Maltodextrin		Corn Maltodextrin	
Osmolality, mOsm/kg H2O	390		390	
Protein, g	14		59	
Fat, g	16		68	
Carbohydrate, g	39		166	
Dietary Fiber, g	3*		13 <sup>*</sup>	
L-Carnitine, mg	4.0		17	
Taurine, mg	18		76	
Water, g	185		780	
Calories	350		1500	
Vitamin A, IU	500		2110	
Vitamin D, IU	160		675	
Vitamin E, IU	6.0		25	
Vitamin K, mcg	16		68	
Vitamin C, mg	24		101	
Folic Acid, mcg	60		253	
Thiamin (Vitamin B1), mg	0.6		2.5	
Riboflavin (Vitamin B2), mg	0.5		2.1	
Vitamin B6, mg	0.6		2.5	
Vitamin B12, mcg	1.5		6.3	
Niacin, mg	2.0		8.4	
Choline, mg	83		350	
Biotin, mcg	45		190	
Pantothenic Acid, mg	2.5		11	
Inositol, mg	20		84	
Sodium, mg	90		380	
Potassium, mg	390		1650	
Chloride, mg	270		1140	
Calcium, mg	350		1480	
Phosphorus, mg	250		1055	
Magnesium, mg	60		253	

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## **Nutrition Information - Liquid Vanilla**

	8 fl oz (237 mL)		1000 mL	
	Value	%RDI / %DV	Value	%RDI / %DV
lodine, mcg	23		97	
Manganese, mg	0.4		1.7	
Copper, mg	0.2		0.8	
Zinc, mg	1.5		6.3	
Iron, mg	2.7		11	
Selenium, mcg	7.0		30	
Chromium, mcg	12		51	
Molybdenum, mcg	7.5		32	

### Liquid Vanilla Footnotes & References

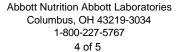
#### Per 8 fl oz (237 mL)

<sup>\*</sup>Includes 1.5 g from short-chain fructooligosaccharides (scFOS®). scFOS is not a registered trademark of Abbott Laboratories.

#### Per 1000 mL

<sup>\*</sup>Includes 6.5 g from short-chain fructooligosaccharides (scFOS®). scFOS is not a registered trademark of Abbott Laboratories.

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### Preparation

#### Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Always follow directions for use provided with feeding set.

#### For Use with Enteral Feeding Set:

- 1 Remove the dust cover from the Abbott RTH Safety Screw Cap.
- 1 Remove the dust cover from the safety connector on the feeding set.
- 1 Insert the safety connector into the port on the Abbott RTH Safety Screw Cap, completely pierce foil.
- 1 Turn the safety connector clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using the hanging ring on the bottom of the container.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

#### Instructions for Use: 8-fl-oz Can

- 1 Shake well.
- 1 Store unopened at room temperature.
- 1 Clean top of container thoroughly before opening.
- 1 After opening, refrigerate and **use within 48 hours.**

#### Tube Feeding:

1 Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

#### Oral Feeding:

1 Best Served Chilled

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