

Product Information: Similac® For Spit-Up

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® For Spit-Up

Infant Formula with Iron

- 1 A nutritionally complete milk-based formula with added rice starch to help reduce frequent spit up.
- 1 Milk-based, reduced-lactose formula* suitable for lactose sensitivity.
- 1 Our exclusive formula has:
 - Lutein and DHA for baby's developing eyes and brain.
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
 - Carotenoids naturally found in breast milk.
- 1 Easy to digest milk-based, reduced lactose formula with added rice starch.
- 1 Clinically shown to reduce frequent spit up in healthy babies by 54%.^{2,†}
- 1 Clinically shown to support normal infant growth.
- 1 Reduced lactose formulation suitable for infants with lactose sensitivity.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.



Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Not for use by infants or children with galactosemia.
- 1 **Warning:** Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

* Compared to standard milk-based formulas.
† Among healthy 2-month-old infants compared to a standard formula.
1 As fed when mixed with human milk.
2 Data on file, Study AJ68, May 2007. Abbott Nutrition, Columbus, Ohio.

Ingredients

Powder Unflavored:

Corn Syrup Solids, Rice Starch, Milk Protein Isolate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Potassium Phosphate, Calcium Carbonate, Magnesium Chloride, Ascorbic Acid, L-Cystine Dihydrochloride, Choline Chloride, Ascorbyl Palmitate, Salt, Ferrous Sulfate, Choline Bitartrate, Taurine, m-Inositol, dl-Alpha-Tocopheryl Acetate, Mixed Tocopherols, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

Allergens: Contains milk ingredients.

Availability

List Number	Item
50959	Similac For Spit-Up Powder / 12.3-oz (349-g) Can / 6 ct
53729	Similac for Spit Up Powder / 1.41-LB (638-g) SimplePac / 6 ct
56728	Similac for Spit Up Ready to Feed / 1-QT (946-mL) Bottle / 6 ct
62139	Similac for Spit Up Ready to Feed / 2-fl-oz (59-mL) Bottle / 48 ct

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Nutrition Information - Powder Unflavored

	100 Cal [*]	1000 mL [*]
	Value	Value
Calories	100	676
Volume, mL	148	1000
Protein, g	2.14	14.47
Fat, g	5.64	38.1
Carbohydrate, g	10.40	70.3
Water, g	133	899
Linoleic Acid, mg	1000	6760
Potential Renal Solute Load, mOsm	19.9	134.7
Vitamin A, IU	300	2029
Vitamin D, IU	60	406
Vitamin E, IU	3.0	20.3
Vitamin K, mcg	8	54
Thiamin (Vitamin B1), mcg	100	676
Riboflavin (Vitamin B2), mcg	150	1014
Vitamin B6, mcg	60	406
Vitamin B12, mcg	0.25	1.7
Niacin, mcg	1050	7101
Folic Acid (Folacin), mcg	15	101
Pantothenic Acid, mcg	450	3043
Biotin, mcg	4.4	29.8
Vitamin C (Ascorbic Acid), mg	9	61
Choline, mg	16	108
Inositol, mg	4.3	29.1
Calcium, mg	84	568
Calcium, mEq	4.2	28.3
Phosphorus, mg	56	379
Magnesium, mg	6	40.6
Iron, mg	1.8	12.2
Zinc, mg	0.75	5.1
Manganese, mcg	5	34
Copper, mcg	90	609
Iodine, mcg	9	61
Selenium, mcg	1.8	12.2
Sodium, mg	30	203
Sodium, mEq	1.3	8.8
Potassium, mg	107	724
Potassium, mEq	2.7	18.5
Chloride, mg	65	440
Chloride, mEq	1.8	12.4

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Powder Unflavored Footnotes & References

Per 100 Cal*
*Nutrient values are applicable when prepared as directed.

Per 1000 mL*
*Nutrient values are applicable when prepared as directed.

Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; wait two minutes; attach nipple; gently swirl before feeding.
- 1 Once feeding begins, use within 1 hour or discard.

Mixing Guide

Table with 5 columns: Measure water, +, Add scoop(s) of unpacked level powder using enclosed scoop, =, Finished bottle (approx). Rows show measurements from 2 fl oz to 8 fl oz and corresponding scoop counts (1 to 4 scoops).

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz Bottle

- 1 Do not add water.
- 1 Shake very well.
- 1 Do not use if breakaway ring is missing or broken.
- 1 Twist off cap.
- 1 Twist on nipple and ring; use clean hands to attach nipple and ring.
- 1 Once feeding begins, use within 1 hour or discard.

1-Qt Bottle

- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band; twist off and clean cap. Do not use if band around cap or inner foil seal is damaged.
- 1 Invert cap; press down to piece foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach nipple.
- 1 Once feeding begins, use within 1 hour or discard.
- 1 Prepare and feed all formula from the container within 3 days after opening.

Storage & Handling

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 Use opened can contents **within 1 month.**
- 1 Do not reuse container.

Ready to Feed

2-fl-oz Bottle

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened containers at room temperature; avoid extreme temperatures.

1-QT Bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Prepare and feed all formula from this container **within 3 days after opening.**
- 1 Do not reuse container.