

## Product Information: Similac® Soy Isomil® 20

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® Soy Isomil® 20

## Infant Formula with Iron

- 1 A 20 Cal/fl oz, nutritionally complete, soy-based infant formula for infants with feeding problems such as fussiness and gas; for infants whose parents choose a milk-free formula as a first feeding or as a supplement to breastfeeding; and for infants of vegetarian families. A lactose-free feeding for patients with disorders for which lactose should be avoided, including lactase deficiency, lactose intolerance, and galactosemia.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breastmilk.
  - DHA for brain development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.\*
  - Prebiotics to help promote digestive health.
  - Carotenoids naturally found in breast milk.
- 1 Easy-to-digest soy protein-based formula for common feeding problems such as fussiness and gas.
- 1 The only soy formula clinically shown to help support the developing immune system, similar to infants fed human milk/milk-based formula.†
- 1 Supports excellent growth during baby's first year.
- 1 Soy protein isolate to help manage IgE-mediated cow's-milk-protein allergy or sensitivity.
- 1 A unique blend of two carbohydrates to help maximize absorption and minimize malabsorption risks.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



### Safety Precautions

- 1 Never use a microwave oven to warm mixture. Serious burns can result.
- 1 Soy formulas are not recommended for premature infants with birth weights less than 1800 g.
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

\* Soy protein isolate is a source of nucleotides.

† Exclusively breastfed for at least 2 months and weaned to milk-based formula without added nucleotides.

### Ingredients

#### Liquid Unflavored:

Water (87%), Corn Syrup (7%), Soy Protein Isolate (2%), High Oleic Safflower Oil (1%), Sugar (1%), Soy Oil (1%), Coconut Oil (1%). Less than 0.5% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Fructooligosaccharides, Calcium Citrate, Potassium Citrate, Calcium Phosphate, Potassium Phosphate, Potassium Chloride, Monoglycerides, Soy Lecithin, Magnesium Chloride, Carrageenan, Salt, Ascorbic Acid, Choline Chloride, L-Methionine, Taurine, Ferrous Sulfate, m-Inositol, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, L-Carnitine, Niacinamide, Calcium Pantothenate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Potassium Hydroxide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

**Allergens:** Contains soy ingredients.

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## Availability

List Number	Item
55963	Similac Soy Isomil Powder / 12.4-oz (352-g) can / 6 ct
55967	Similac Soy Isomil Ready to Feed / 1-QT (946-mL) bottle / 6 ct
56975	Similac Soy Isomil Concentrated Liquid / 13-fl-oz (384 mL) / 12 ct
58292	Similac Soy Isomil Ready to Feed / 1-QT (946-mL) bottle / 6 ct
58601	Similac Soy Isomil Ready to Feed / 8-fl-oz (237-mL) bottle / 4 x 6 ct

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### Nutrition Information - Liquid Unflavored

	100 Cal	1000 mL
	Value	Value
Calories	100	676
Volume, mL	148	1000
Protein, g	2.45	16.57
Fat, g	5.46	36.93
Carbohydrate, g	10.4	70.3
Water, g	133	899
Linoleic Acid, mg	1000	6763
Vitamin A, IU	300	2029
Vitamin D, IU	60	406
Vitamin E, IU	1.5	10.1
Vitamin K, mcg	11	74
Thiamin (Vitamin B1), mcg	60	406
Riboflavin (Vitamin B2), mg	90	609
Vitamin B6, mcg	60	406
Vitamin B12, mcg	0.45	3.04
Niacin, mcg	1350	9130
Folic Acid (Folacin), mcg	15	101
Pantothenic Acid, mcg	750	5072
Biotin, mcg	4.5	30.4
Vitamin C (Ascorbic Acid), mg	9	61
Choline, mg	12	81
Inositol, mg	5	33.8
Calcium, mg	105	710
Calcium, mEq	5.2	35.4
Phosphorus, mg	75	507
Magnesium, mg	7.5	50.7
Iron, mg	1.8	12.2
Zinc, mg	0.75	5.07
Manganese, mcg	25	169
Copper, mcg	75	507
Iodine, mcg	15	101
Selenium, mcg	1.8	12.2
Sodium, mg	44	298
Sodium, mEq	1.9	12.9
Potassium, mg	108	730
Potassium, mEq	2.8	18.7
Chloride, mg	62	419
Chloride, mEq	1.8	11.8

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Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.8 g) to each 2 fl oz of water.
- 1 Return dry scoop to can.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.8 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Concentrated Liquid

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Rinse can lid; shake very well; open with a clean punch-type opener.
- 1 Pour equal amounts of formula and water into bottle.
- 1 Attach nipple; swirl gently to mix.
- 1 Once feeding begins, **use within 1 hour or discard.**

Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

8-fl-oz On-the-go bottle

- 1 Do not use if breakaway ring is missing or broken.
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist-off cap.
- 1 Twist-on clean nipple and ring (not included).
- 1 For use in a **different feeding container** (cup or bottle):
  - 1 Ask your baby's doctor if you need to boil (sterilize) the empty bottles before adding formula.
  - 1 Pour desired amount into clean feeding container. Recap bottle, refrigerate and **use within 48 hours.**
- 1 No need to warm formula before feeding.
- 1 Once feeding begins, **use within 1 hour or discard.**

1-QT bottle

- 1 Do not use if band around cap or inner foil seal is damaged.
- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band, twist off and clean cap.
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.

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## Infant Formula with Iron

- 1 Pour formula into bottle; attach clean nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**
- 1 Prepare and feed all formula from the 1 QT container **within 3 days after opening.**

## Storage & Handling

### Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 Use opened container contents **within 1 month.**
- 1 Do not reuse container.

### Concentrated Liquid

- 1 Cover opened cans and prepared formula not used immediately.
- 1 Store in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened cans at room temperature; avoid extreme temperatures.

### Ready to Feed

#### 8-fl-oz On-the-go bottle

- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.
- 1 **Protect from light.**
- 1 **Store in carton until ready to use.**

#### 1-QT bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.

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