

Product Information: Hi-Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Hi-Cal

High-Calorie Oral Supplement

- 1 H-CAL is a high-calorie oral supplement fortified with vitamins and minerals. HI-CAL is ideal for Med-Pass programs.
- 1 For oral use only.
- 1 Use under medical supervision.
- 1 2 Cal/mL.
- 1 Meets or exceeds 20% of the RDI for 24 essential vitamins and minerals in 8 fl oz.
- 1 Vanilla flavor, ready to serve.
- 1 1-liter plastic bottle is reclosable.
- 1 Cutter cap easily pierces foil seal
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for tube feeding.
- 1 Not for people with galactosemia.
- 1 Not for IV use.

Ingredients

Liquid Vanilla:

Water, Corn Syrup Solids, Sodium & Calcium Caseinates, Corn Oil, Corn Maltodextrin, Sugar (Sucrose), Potassium Citrate, Magnesium Chloride, Natural & Artificial Flavors, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
58253	Hi-Cal Vanilla / 1000-mL (33.8-fl-oz) bottle / 8 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Nutrient Density, Cal/mL	2.0	
Protein, % Cal	16.7	
Carbohydrate, % Cal	43.2	
Fat, % Cal	40.1	
Total Cal:g Nitrogen	150:1	
Nonprotein Cal:g Nitrogen	125:1	
Osmolality, mOsm/kg H ₂ O	705	
Renal Solute Load, mOsm/L	643	
Viscosity	Nectar-Like (Room Temperature, Chilled)	
Calories	475	
Protein, g	19.8	
Fat, g	21.2	
Carbohydrate, g	51.3	
Water, g	166	
Vitamin A, IU	1000	20
Vitamin D, IU	80	20
Vitamin E, IU	9.0	30
Vitamin K, mcg	16	20
Vitamin C, mg	12	20
Folic Acid, mcg	80	20
Thiamin (Vitamin B1), mg	0.30	20
Riboflavin (Vitamin B2), mg	0.34	20
Vitamin B6, mg	0.40	20
Vitamin B12, mcg	1.2	20
Niacin, mg	4.0	20
Choline, mg	75	Not established
Biotin, mcg	60	20
Pantothenic Acid, mg	2.0	20
Sodium, mg	345	Not established
Potassium, mg	580	Not established
Chloride, mg	340	10
Calcium, mg	200	20
Phosphorus, mg	200	20
Magnesium, mg	80	20
Iodine, mcg	30	20
Manganese, mg	1.0	50
Copper, mg	0.40	20
Zinc, mg	4.5	30

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Iron, mg	3.6	20
Selenium, mcg	14	20
Chromium, mcg	24	20
Molybdenum, mcg	30	40

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)
*RDI percentages for adults and children 4 or more years of age.

Preparation

- Instructions for Use:
- 1 Clean off the top of the container thoroughly before opening.
 - 1 Shake the bottle very well.
 - 1 Twist off cap. **Do Not Use if Inner Foil is Missing or Broken.**
 - 1 Invert cap and place on the foil seal.
 - 1 Press the cap down to pierce the foil seal, then turn the cap a half turn.
 - 1 Lift off and throw away the foil.
 - 1 Pour and serve.

Storage & Handling

- Usage
- 1 Store unopened at room temperature; avoid extreme temperatures.
 - 1 Tastes best chilled, or can be served at room temperature.
 - 1 Once opened, cover, label with time and date, refrigerate and **use within 48 hours.**
 - 1 Opened containers that are held at room temperature can be **used for 4 hours. Discard unused portion after 4 hours at room temperature.**
 - 1 Opened product that has been held at room temperature for up to 1 hour should be covered, labeled with time and date, refrigerated, **and used within 48 hours.**