

Product Information: Ensure Active™ Protein Drink

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Active™ Protein Drink

Clear Nutrition Drink

- 1 Targeted nutrition to help fill your nutritional gaps.
- 1 #1 Doctor recommended brand
- 1 Contains no fruit juice.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Kosher.

Safety Precautions

- 1 Not for patients with galactosemia.



Ingredients

Liquid Mixed Fruit:

Water, Corn Maltodextrin, Sugar, Whey Protein Isolate. Less than 0.5% of the Following: Natural Flavor, Malic Acid, Phosphoric Acid, Citric Acid, Acesulfame Potassium, FD&C Red #40, Sucralose, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Sodium Molybdate, Biotin, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56500	Ensure Active Protein Drink Blueberry Pomegranate / 10-fl-oz (296-mL) carton / 3 x 4 ct
56604	Ensure Active Protein Drink Peach / 10-fl-oz (296-mL) carton / 3 x 4 ct
62479	Ensure Active Protein Drink Mixed Fruit / 10-fl-oz (296-mL) carton / 3 x 4 ct

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	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Fat, % Cal	0	
Carbohydrate, % Cal	82	
Protein, % Cal	18	
Osmolality, mOsm/kg H2O	341	
Calories	180	
Calories from Fat	0	
Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	45	2
Carbohydrate, g	37	12
Dietary Fiber, g	0	0
Sugars, g	18	
Protein, g	8	16
Vitamin A		30
Vitamin C		0
Calcium		4
Iron		15
Vitamin D		15
Vitamin E		30
Vitamin K		30
Thiamin		30
Riboflavin		20
Niacin		10
Vitamin B6		20
Folic Acid		15
Vitamin B12		10
Biotin		10
Pantothenic Acid		4
Phosphorus		20
Iodine		35
Magnesium		2
Zinc		30
Selenium		20
Copper		15
Manganese		50
Chromium		15
Molybdenum		50



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Liquid Mixed Fruit Footnotes & References

Per 10 fl oz (296 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Shake well. Serve cold.

Storage & Handling

Refrigerate after opening.

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