

**Product Information:
Glucerna® Shake (Retail)**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Shake (Retail)

Complete, Balanced Nutrition® for People with Diabetes

- 1 GLUCERNA SHAKE in the convenient reclosable plastic bottle contains ingredients that contribute to the management of blood glucose response.
- 1 For people with diabetes.
- 1 For use as a supplement, snack, or meal as part of a diabetes management plan.
- 1 Use under medical supervision.
- 1 Specially formulated to help minimize blood-sugar spikes. Use as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of carbohydrates, including slowly digestible carbohydrate scientifically formulated to help minimize blood glucose response.
- 1 Clinically shown to help people with diabetes lose weight when used as part of a structured weight-loss program.^{1,2,*}
- 1 #1 Doctor recommended brand for people with diabetes.[†]
- 1 27 vitamins and minerals for Complete, Balanced Nutrition®.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for tube feeding.
- 1 Not for parenteral use.
- 1 Not for people with galactosemia.

* Study formulation may differ slightly from marketed product.

† Among doctors who recommend nutritional shakes to their patients with diabetes.

¹ Garvey TW, et al. Obesity 2006;14:A167.

² Data on File: Study BJ19. Abbott Nutrition, July 2002.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Glycerol, Short-Chain Fructooligosaccharides, Soy Protein Isolate, High Oleic Safflower Oil. Less than 1% of the Following: Canola Oil, Pea Protein Concentrate, Soy Oil, Magnesium Phosphate, Natural & Artificial Flavor, Potassium Citrate, Cellulose Gel, Salt, Choline Chloride, Calcium Phosphate, Potassium Chloride, Ascorbic Acid, Calcium Carbonate, Magnesium Chloride, Sodium Citrate, Cellulose Gum, Potassium Phosphate, Monoglycerides, Soy Lecithin, Carrageenan, Liquid Sucralose, Acesulfame Potassium, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Folic Acid, Thiamine Chloride Hydrochloride, Riboflavin, Chromium Chloride, Pyridoxine Hydrochloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57801	Glucerna Shake Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57804	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57807	Glucerna Shake Creamy Strawberry / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57810	Glucerna Shake Classic Butter Pecan / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
59890	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
59891	Glucerna Shake Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
62933	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 16 ct

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Nutrient Density, Cal/mL	0.84	
Protein, % Cal	20	
Carbohydrate, % Cal	48	
Fat, % Cal	32	
Exchanges†	1/2 Starch, 1 Low-Fat Milk, 1/2 Fat	
Carb Choices	2	
Osmolality, mOsm/kg H2O	648	
Calories	190	
Calories from Fat	60	
Fat, g	7	11
Saturated Fat, g	1	5
Trans Fat, g	0	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Potassium, mg	380	11
Carbohydrate, g	23	8
Dietary Fiber, g	3	12
Sugars, g	6	
Protein, g	10	20
Vitamin A		25
Vitamin C		100
Calcium		25
Iron		25
Vitamin D		25
Vitamin E		25
Vitamin K		25
Thiamin		20
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Copper		25
Manganese		50
Chromium		100
Molybdenum		50
Chloride		8
Choline		25

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

†Exchange Lists for Diabetes. Alexandria, Va, and Chicago: American Diabetes Association and American Dietetic Association, 2008.

Storage & Handling

Directions for Use

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

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