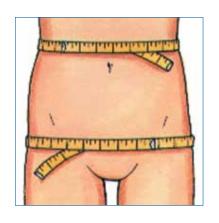


TENA® Brief Sizing Instructions

To determine the accurate size, measure the wearer's waist or hips (whichever is larger). You will generally find that women have larger hips while men have larger waists. The size of the brief is printed along the length of the wetness indicator.



Sizes Fits Waist/Hips

 Small (green)
 22" - 36" / 56 - 91cm

 Medium (white)
 34" - 47" / 86 - 119cm

 Regular (lavender)
 40" - 50" / 102 - 127cm

 Large (blue)
 48" - 59" / 122 - 150cm

 Extra Large (beige)
 60" - 64" / 152 - 163cm

To accommodate the sizing needs of larger individuals, we also offer:

Stretch Ultra 2XL (white) 64" - 70" / 163 - 178cm Bariatric 3XL (white) 64" - 95" / 163 - 241cm

Questions? Contact us:

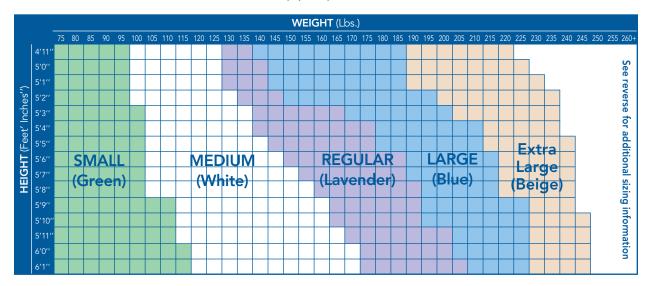
1.800.992.9939 | info.usa@tena.com | www.tena-usa.com





TENA® Size-Wise Height/Weight Chart

Use this quick & easy reference guide to determine the appropriate TENA® Brief size.



Please note: this tool serves as a guideline only.

Due to differing body shapes, brief sizes may be different than sizing indicated in range.

Please reference the methods indicated in the TENA® Procedure Manual.

