



Posey® Premium Heel Guard

The Posey Premium Heel Guard is designed to reduce pressure on the heel and aid in the prevention of foot drop.

- Adjustable foam block insert provides foot elevation, which helps alleviate pressure on the heel.
- Soft foam foot drop straps aid in the prevention of foot drop. The straps can be criss-crossed over the foot for maximum foot drop support or attached down the side to minimize contact with the foot.
- Soft outer lining allows for firm attachment of ankle and foot drop straps. Helps reduce friction against bed sheets.
- High resilience foam provides durability and comfort. Provides padding to prevent bruising.
- Soft foam ankle straps provides additional comfort and adjusts for different size legs.
- Ventilation holes promote air circulation.

#6145 Posey Premium Heel Guard

Application Instructions:

CAUTION: Be sure to follow your facility's policies and guidelines for frequency of monitoring. Remove the Posey Premium Heel Guard at least every two hours to check for skin integrity, circulation, and allow for range of motion.

1. Release all hook and loop closures.
2. Place foot in Premium Heel Guard so that the heel is suspended over the pressure relief opening.
3. Attach ankle straps to opposing side (Figure 1). The straps should be applied securely to ensure that the Premium Heel Guard cannot be removed easily from the patient's leg. Place fingers through pressure relief opening to ensure that heel is properly elevated (Figure 2).
4. For maximum foot drop protection, criss-cross the straps over the patient's foot and attach to the outside of the Premium Heel Guard (Figure 3).
or
To provide foot drop support, while minimizing foot contact, pull and attach the straps down the side (Figure 4).

Laundering Instructions:

The Posey Premium Heel Guard is a single-patient use product and is not intended for use on multiple patients. Hand washing is strongly recommended when soiled.

Hand Wash



1. Ensure that all straps are attached to the Posey Premium Heel Guard.
2. Hand wash with mild detergent. Rinse and ring out

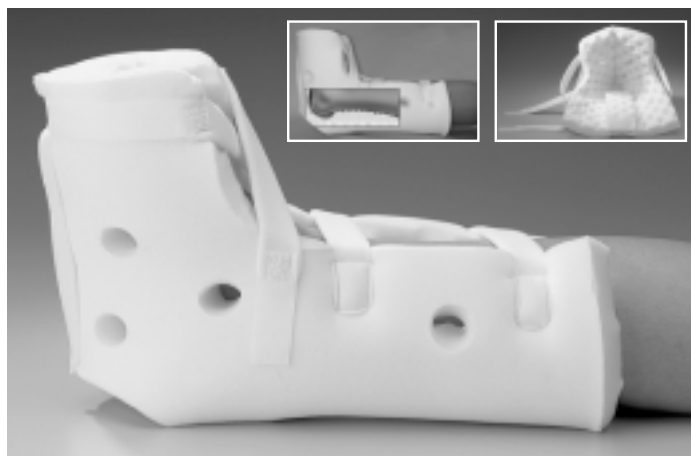


Fig. 1



Fig. 2



Fig. 3



Fig. 4

excess water. Allow Posey Premium Heel Guard to air-dry.
or

Machine Wash

1. Use laundry bag for best results.



2. Ensure that all straps are attached to the Posey Premium Heel Guard.
3. Machine wash warm on gentle cycle, tumble-dry low. For best results ring out excess water before drying. Additional air-dry time may be required.

NOTE: Use of bleach will severely discolor the foam.