

# Telescoping Toe Bar

**PARTS:** Telescoping Toe Bar. Folding platform required.



## ATTACHMENT INSTRUCTIONS

**TO BEGIN INSTALLATION:** Remove squat stand if necessary.  
**STEP 1.** Face the tower. Align the bottom of the folding platform above the lower rail base. **STEP 2.** Find the two holes in the outside left rail just above the base and slide the left pins on the folding platform into the holes. **STEP 3.** Pull the retractable pin on the right side of the folding platform and move the pin over the

hole on the outside right rail. Release the pin to secure the folding platform in place. **STEP 4.** Slide the Telescoping Toe Bar over the folding platform struts, with the retractable pin knobs facing away from the tower as shown, until the pins contact the top of the folding platform struts.

## ACCESSORY IN USE



**STEP 5 / STEP 6.** Pull the retractable pins to adjust the Telescoping Toe Bar to the desired height. Release the pins on the Telescoping Toe Bar when the pins engage in one of three adjustment holes in the folding platform struts.

