T-1000

Vibration Massager User Manual

The T-1000 is perfect for:

- Myofascial Release
- Muscle Knot Release
- Trigger Point Therapy
- Self-Help Massage Therapy
- · Tension and Stress Relief
- Tight Muscle Relief
- · Sore Muscle Relief
- Minor Muscle Cramping Relief



Gear Indicator

---- Increase Speed Reduce Speed

----- Battery Indicator

ON/OFF Power Switch -

AC Interface

Product Features

- Powerful high-torque motor featuring TigerPRR™ Quiet Technology
- Four (4) speed settings deliver up to 3200 percussions per minute
- · Rechargeable lithium-ion battery (Up to 3 hours of use per charge)
- Six (6) interchangeable head attachments
- Lightweight (2.5 lbs), ergonomic design

Six (6) Massage Head Accessories: Introduction

The T-1000 Vibration Massager is a state-of-the-art, cordless massage device designed to help reduce sore muscles, relieve knots, trigger points, muscle cramps and soreness in the muscles.



Three Massage Modes

Fitness Mode: Speed remains constant and features the highest speed and torque with four (4) speed levels.

Level 1 - 2000 RPM	Level 3 - 2800 RPM
Level 2 - 2400 RPM	Level 4 - 3200 RPM

Medi Mode:

Four (4) levels featuring 3-second repeating graduated speed cycle

Level 1 - 1600 RPM to 2000 RPM	Level 3 - 2400 RPM to 2800 RPM
Level 2 - 2000 RPM to 2400 RPM	Level 4 - 2800 RPM to 3200 RPM

Health Mode:

Speed remains constant and features the lowest speed and torque with four (4) speed levels.

Level 1 - 1000 RPM	Level 3 - 1800 RPM
Level 2 - 1400 RPM	Level 4 - 2200 RPM



Before Using Your Device:

- 1. Fully charge the battery for six hours before the first use.
 - a. Using your device without fully charging will diminish the battery life.
 - b. NOTE: Do not operate the T-1000 during charge mode.
 - c. Only use the charger supplied with your device. Other chargers may be harmful to your device.
- 2. Read the entire T-1000 User Guide for important information.
- Register your product purchase and product serial number at www. TigerTailUSA.com/warranty within 30 days of purchase to activate your warranty.

Charging

- Fully charge the battery for six hours before the first use.
 - Using your device the first time without fully charging will diminish battery life.
 - o NOTE: You cannot operate the T-1000 during charge mode.
 - After first full 6-hour charge, the battery can be recharged at any time and at any battery level.
- Only use the charger supplied with your device. Chargers not specific to the T-1000 may harm your device.
- To charge your device, put the power switch on the bottom of the handle into the ON position.

- Plug the charger (DC end) into the device, and plug the wall plug (AC end) into a wall outlet.
- The LED blue lights around the Gear Indicator and Product Fan will flash to indicate battery level, and will flash indicating the device is actively charging.
- The device is fully charged when the LED lights stop flashing and remains fully lit.
- The average run-time for this device is about three (3) hours depending on speed level and pressure applied during use.

Maintenance, Cleaning & Storage

- Your device is a state-of-the-art piece of technology. Care for your device as you would your laptop or mobile phone.
- Never submerge or expose your device to water. Exposure to water will cause permanent damage to your device and will void product warranty.
- Do not drop your device. Accidental drops are not covered by your product warranty.
- Use a slightly damp towel or antibacterial wipe to clean your device.
 Dry with a soft cloth.
- 5. Store your device in a dry environment in the case provided.

Device Operations

- 1. The On/Off switch is located on the bottom of the handle of your device.
- 2. Move the switch to the "on" position to power on your device. Move the switch to the "off" position to turn the power off.
- When your device is turned on, you may toggle between the three Mode settings (Fitness, Medi and Health). The Fitness Mode is the default setting.
- The RPM Control button is located on the end opposite of the Massage Head. When your device is turned on, press "+" to increase the RPM speed. Press "-" to decrease RPM speed.
- With each Massage Mode, there are four RPM Levels you can toggle between, based on your desired results.
- 6. If you change your Massage Mode during operation, your device will stop first. Press the Massage Mode button to change modes. Press the RPM Control button for your device to begin operating at your desired RPM Level
- 7. To change the Massage Head, power off your device. Remove Massage Head by pulling it out of the device gently but firmly. It is a snug fit design.
- 8. Replace massage head by pushing the selected head gently but firmly.

Massage Application Suggestions

- Use only on a clean surface of the body. Use over clothing is recommended.
- With the device powered on to your desired Massage Mode and RPM Level, apply the Massage Head to your muscle group needing massage.
- 3. Lightly apply pressure and move across the body and muscle areas for approximately three (3) sets of 30 seconds per muscle area. Apply additional massage applications to your muscle areas as needed.
- Use the device only on muscle groups. Avoid using over bones or sensitive tendons.
- 5. You are the best judge of how much pressure you should apply and length of massage applications.
- You are the best judge of which Massage Mode and RPM Level you should use.

Travel

Your device is travel friendly with the TSA for carry-on luggage or checked baggage.

Warnings & Cautions

If your device is exposed to any of the following activities or incidents, your warranty will be void.

- 1. Never charge your device unattended.
- Never leave your device plugged into the Charging Adapter and your power outlet after your device comes to full charge.
- 3. For adult use only.
- 4. Prior to use, consult with your doctor or health care professional.
- 5. Do not submerge or expose your device to water.
- 6. Do not allow water or moisture to enter the Ventilation Ports.
- 7. Keep your device away from heat sources.
- Keep Ventilation Ports free from dust and debris and never attempt to place any object, liquid or spray of any kind into the Ventilation Ports of your device.
- Do not remove screws and never attempt to disassemble or dismantle the device.
- 10. Do not operate continuously for more than one hour. Allow the device to cool down and rest for 30 minutes before reusing.
- 11. Unplug the Charging Adapter from the device after charging or prior to use.

DANGER! To reduce risks of electrical shock, fire and personal injury, this product must be used with the following instructions.

- 12. Do not drop or misuse the device.
- 13. Only use the Charging Adapter supplied with your device.
- 14. Carefully examine your device before each use for unknown damage.
- 15. Never let your device operate while unattended by an adult.
- 16. Do not use if injured or if you are not comfortable doing so.
- Keep fingers, hair and/or any other body part away from the shaft of the moving Massage Head during operation. Pinching/entanglement may occur.
- 18. Bruising may occur regardless of RPM Level chosen.
- Check treated areas frequently and immediately stop if you become uncomfortable or there is a sign of unusual or unexpected pain or discomfort.
- 20. Do not use on your head/skull.