

## **Products for Physical Fitness DUAL HANDLE BALL**

- Ideal for abdominal training, rotational movement and strength training.
- Handles allow enhanced range of motion exercises.
- Color coded to easily identify weight.



SKU	weight	color
10-3180	6 lbs.	yellow
10-3181	12 lbs.	red
10-3182	18 lbs.	green
10-3183	24 lbs.	blue
10-3184	30 lbs.	black

Constant Ball Diameter: 9"

## WARNING

Exercise routines should be determined by a doctor, therapist, coach, or trainer. This product contains natural rubber latex which may cause allergic reactions.



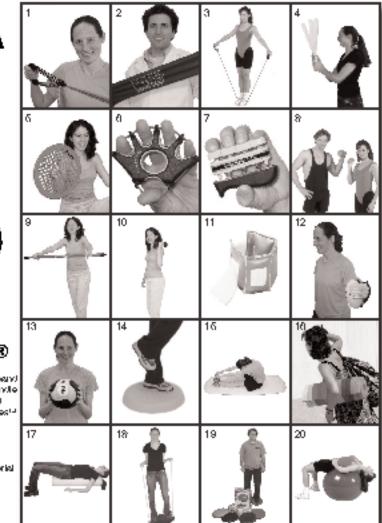
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## Simple, Cost Effective, Portable Exercise Products



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- Carylo<sup>a</sup> exendise baryl ellurari ekiata (barrille
- 2. Add (Force)<sup>13</sup> (bein).
- Tubing with Handles<sup>14</sup>
- 4. T861<sup>3</sup> ber
- 6. Exercise web 6. OlgES:tervira
- 7. Olg#8lex14
- 8. Therapathy in insterial
- A. Water har
- Ourtblook
- Chirt<sup>®</sup> weight b) Herryly ball
- B. Medidne ball
- Balance part
- Closed cell fitness mat. Opendel rithessinst
- I7. Junito 14 Positi roller.
- N. NVP14 balance board
- Vestibilier disc.
- 20. Indiatable ball