Using ClearUP

HOW TO HOLD

A finger or thumb must be touching conductive base.

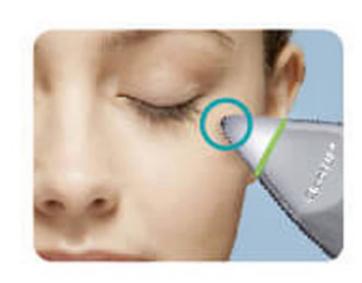






1 POWER UP

Press the power button to turn on.



2 TOUCH

Start at the outside of your cheekbone. Place the metal tip on your face using mild pressure.



3 GLIDE

Move the tip slowly inward along the cheek toward the nose.



4 STOP

Stop gliding when the unit vibrates. Hold until the vibration stops.



5 CONTINUE

Glide slowly along the cheek, moving inward towards the nose, up and under the brow.



6 5 MINUTES

Treat both sides and then focus on pain areas. Total treatment time is 5 minutes. For best results, use 2-4 times daily.

Note: To avoid accidentally turning off the device, make sure your finger is resting on the conductive material instead of holding down the power button.