

## **Posey**<sup>®</sup> Freedom Splint

Patent #5,618,263

- A multi purpose alternative to limb holders that may be used as a hand, wrist, elbow and knee splint or an I.V armboard
- Helps prevent tube pulling and aids I.V. therapy to promote healing
- Ideal for prevention and release of contractures
- Outer cover made of water-repellent, bacteriostatic vinyl
- Inner lining of soft cotton adds extra comfort against the skin
- Translucent fabric allows the splint to remain in place during X-rays
- Polystyrene bead filling conforms to the limb and helps equalize pressure with comfort and stability
- Nylon loop may be pinned or clipped to patient's sleeve to prevent sliding off
- Available in infant through adult leg sizes
- One per package.

Adult Freedom Splints			Infant & Pediatric Freedom Splints		
Size	Length	Limb Circumference	Size	Length	Limb Circumference
8168XS	9 1/2"	3" – 12"	8168I	2 3/4"	1 1/2" – 4"
8168S	11 1/4"	3" – 14"	8168IL	4 1/4"	1 1/2" – 4"
8168M	13"	6" – 17"	8168P	7"	3" - 10"
8168L	14 1/2"	8" – 21"			
8169	17 3/4"	14" - 27"	8162 Attachment Clips, 1 dozen		

## **Application Instructions**

- 1. Open the Freedom Splint by releasing the adjustment straps.
- 2. Orient the splint so that the plastic buckles are positioned towards the patient. Infant sized splints will orient the strap towards the patient.
- 3. Adjust the splint to the desired position on the limb. The Splint should be centered over the elbow with the opening towards the inside of the arm. For leg application the splint should be centered over the knee with the opening towards the front of the leg.
- 4. Secure the splint by threading the hook-and-look strap through the plastic buckle and securing back onto itself. To secure an infant sized splint simply wrap the hook and loop strap around the limb and attach to the corresponding hook and loop strip. Leave enough room to easily insert two fingers between the device and the patient's limb to maintain adequate circulation. **OPTIONAL**
- 5. To reduce the splint size (i.e. for a limb that is in between sizes) fold the outside panel with hook-and-loop towards the inner lining, minimizing the splint width. Follow steps 2 - 4.

## **Clip Application:**

The optional clips (Fig. 1) connect the splint to the patient's sleeve and help prevent the splint from sliding off the patient's arm.

- 1. To open, grasp the prong portion of the clip and twist clock-wise (Fig. 2 and 3).
- 2. Seperate prongs (Fig. 4) and insert clip through Splint loop (Fig. 5). To close, grasp the prong portion of the clip and twist counterclock-wise.
- 3. Clip to patient's sleeve by squeezing sides of clip to open, and release to secure (Fig. 6).

**AWARNING** Monitor skin condition frequently. Do not overtighten or impair circulation!

Laundering Instructions:





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