

Nutrition Facts

Serving Size 1 Bar (45g)

Calories 190

Calories from Fat 80

* Percent Daily Values
(DV) are based on a
2,000 calorie diet.

1.0 R2

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 9g	14%	Cholest. 0mg	0%	Dietary Fiber 1g	4%
Sat. Fat 2g	10%	Sodium 200mg	8%	Insoluble Fiber 1g	
Trans Fat 0g		Potassium 90mg	3%	Sugars 11g	
Polyunsat. Fat 0.5.g		Total Carb. 20g	7%	Other Carb. 8g	
Monounsat. Fat 5g				Protein 8g	16%
Vit. A 0% • Vit. C 0% • Calcium 8% • Iron 8% • Vitamin E 8% • Magnesium 8%					
Selenium 2%					