

Nutrition Facts

Serving Size 1 Bar (45g)

Calories 190

Calories from Fat 80

* Percent Daily Values
(DV) are based on a
2,000 calorie diet.

1.0 R9

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Fat 9g	14%	Cholest. 0mg	0%	Dietary Fiber 2g	8%
Sat. Fat 2g	10%	Sodium 220mg	9%	Insoluble Fiber 1g	
Trans Fat 0g		Potassium 125mg	4%	Sugars 9g	
Polyunsat. Fat 2.5g		Total Carb. 20g	7%	Other Carb. 9g	
Monounsatt. Fat 3.5g				Protein 9g	18%
Vit. A 0% • Vit. C 0% • Calcium 6% • Iron 6% • Vitamin E 8% • Magnesium 8%					
Selenium 0%					