

# Nutrition Facts

Serv. Size 1 Bar (48g)

Calories 180

Calories from Fat 50

\* Percent Daily Values

(DV) are based on a  
2,000 calorie diet.

6.0 R20

| Amount/Serving      | % DV*      | Amount/Serving          | % DV*      | Amount/Serving            | % DV*       |
|---------------------|------------|-------------------------|------------|---------------------------|-------------|
| <b>Total Fat</b> 6g | <b>9%</b>  | <b>Sodium</b> 160mg     | <b>7%</b>  | <b>Insoluble Fiber</b> 1g |             |
| <b>Sat. Fat</b> 2g  | <b>10%</b> | <b>Potassium</b> 125mg  | <b>4%</b>  | <b>Sugars</b> 11g         |             |
| <b>Trans Fat</b> 0g |            | <b>Total Carb.</b> 26g  | <b>9%</b>  | <b>Other Carb.</b> 12g    |             |
| <b>Cholest.</b> 0mg | <b>0%</b>  | <b>Dietary Fiber</b> 3g | <b>12%</b> | <b>Protein</b> 9g         | <b>18 %</b> |

Vit. A 20% • Vit. C 20% • Calcium 35% • Iron 30% • Vit. D 15% • Vit. E 30% • Vit. K 10%  
Thiamin (B1) 10% • Riboflavin (B2) 40% • Niacin (B3) 40% • Vit. B6 75% • Folate 100%  
Vit. B12 75% • Biotin 25% • Pantothenic Acid 40% • Phosphorus 20% • Iodine 35%  
Magnesium 10% • Zinc 35% • Selenium 35% • Copper 10% • Manganese 25%  
Chromium 25% • Molybdenum 25%