


Product Information: Glucerna® Therapeutic Nutrition Shake (Institutional)

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Therapeutic Nutrition Shake (Institutional)

Therapeutic Nutrition

 Glucerna® Therapeutic Nutrition Shake (Institutional)

- 1 GLUCERNA THERAPEUTIC NUTRITION SHAKE has CarbSteady™, a unique blend of carbohydrates, including slowly digestible carbohydrate clinically shown to help minimize blood glucose response.¹
- 1 GLUCERNA THERAPEUTIC NUTRITION SHAKE is a good choice for patients who are trying to manage their blood glucose levels and weight.
- 1 For patients with diabetes.
- 1 For use as an oral supplement in conjunction with a diabetes meal plan.
- 1 Use under medical supervision.
- 1 Consistent with American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.²
- 1 2.5 to 3.5 g dietary fiber per 8 fl oz.
- 1 1 g NutraFlora® scFOS® / 8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 Meets or exceeds 25% of the DV for 24 essential vitamins and minerals in 8 fl oz.
- 1 50% of the DV for vitamins B6, B12, and folate.
- 1 100% of the DV for antioxidant vitamins C and E to help protect against cell damage.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

Safety Precautions

- 1 For oral use only.
- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for patients with galactosemia.

* NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

¹ Fix BM, et al. *Ann Nutr Metab* 2001;45(suppl 1):277.

² Buse JB, et al. *Circulation* 2007;115:114-126.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, High Oleic Safflower Oil, Milk Protein Concentrate, Fructose, Glycerine, Soy Protein Isolate, Soy Fiber, Pea Protein Concentrate. Less than 0.5% of the Following: Short-Chain Fructooligosaccharides, Canola Oil, Natural & Artificial Flavor, Magnesium Phosphate, Potassium Citrate, Salt, Calcium Phosphate, Potassium Chloride, Ascorbic Acid, Calcium Carbonate, Choline Chloride, Soy Lecithin, Monoglycerides, Carrageenan, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Zinc Sulfate, Liquid Sucralose, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Beta-Carotene, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
54326	Glucerna Therapeutic Nutrition Shake Inst Classic Butter Pecan / 8-fl-oz (237-mL) can / case of 24
54328	Glucerna Therapeutic Nutrition Shake Inst Homemade Vanilla / 8-fl-oz (237-mL) can / case of 24
54544	Glucerna Therapeutic Nutrition Shake Inst Rich Chocolate / 8-fl-oz (237-mL) can / case of 24
56052	Glucerna Therapeutic Nutrition Shake Inst Creamy Strawberry / 8-fl-oz (237-mL) can / case of 24

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

 **Abbott**
Nutrition

Glucerna® Therapeutic Nutrition Shake (Institutional)

Therapeutic Nutrition

Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Nutrient Density, Cal/mL	0.93	
Protein, % Cal	18	
Fat, % Cal	35	
Carbohydrate, % Cal	47	
Total Cal:g Nitrogen	138:1	
Nonprotein Cal:g Nitrogen	113:1	
Osmolality, mOsm/kg H ₂ O	530	
Renal Solute Load, mOsm/L	86	
Viscosity	Thin (Room Temperature and Chilled)	
Exchanges ^{†,‡}	1 Starch, ½ Fat, 1 Low-Fat Milk	
Carb Choices [‡]	2	
Protein, g	9.9	
Fat, g	8.6	
Saturated Fat, g	1.0	
Trans Fat, g	0	
Carbohydrate, g	27.4	
Dietary Fiber, g	2.5 [§]	
Sugars, g	7.4	
Sugar Alcohols, g	4.0	
Water, g	200	
Calories	220	
Vitamin A, IU	1750 [¶]	35
Vitamin D, IU	100	25
Vitamin E, IU	30	100
Vitamin K, mcg	20	25
Vitamin C, mg	60	100
Folic Acid, mcg	200	50
Vitamin B1, mg	0.38	25
Vitamin B2, mg	0.43	25
Vitamin B6, mg	1.0	50
Vitamin B12, mcg	3.0	50
Niacin, mg	5.0	25
Choline, mg	100	Not established
Biotin, mcg	75	25
Pantothenic Acid, mg	2.5	25
Sodium, mg	210	Not established
Sodium, mEq	9.1	
Potassium, mg	370	Not established

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Therapeutic Nutrition Shake (Institutional)

Therapeutic Nutrition

Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Potassium, mEq	9.5	
Chloride, mg	355	10
Chloride, mEq	10	
Calcium, mg	250	25
Phosphorus, mg	250	25
Magnesium, mg	100	25
Iodine, mcg	38	25
Manganese, mg	1.0	50
Copper, mg	0.50	25
Zinc, mg	3.8	25
Iron, mg	4.5	25
Selenium, mcg	18	25
Chromium, mcg	120	100
Molybdenum, mcg	38	50

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

†Exchange Lists for Diabetes. Alexandria, Va, and Chicago: American Diabetes Association and American Dietetic Association, 2008.

‡Exchanges and Carb Choices adjusted for sugar alcohols

§1.5 g of total dietary fiber from soy and corn fibers; 1.0 g of short-chain fructooligosaccharides.

¶660 IU of vitamin A activity supplied by 0.50 mg of beta-carotene.

Preparation

Shake well. Serve cold.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com