

Product Information: Similac Total Comfort™

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac Total Comfort™

Partially hydrolyzed protein infant formula with iron

- 1 A 19 Cal/fl oz, nutritionally complete infant formula for discomfort due to persistent feeding issues – Similac Total Comfort has partially broken down protein for easy digestion.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breastmilk.
 - DHA for brain development.
 - Lutein to support eye health.
 - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
 - Partially hydrolyzed protein for easy digestion.
 - A unique blend of two carbohydrates to help maximize asorption and minimize malabsorption risks.
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
- 1 Clinically shown to support normal infant growth.
- 1 Suitable for infants with lactose sensitivity.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



Safety Precautions

- 1 Consult physician prior to switching formulas.
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for infants or children with galactosemia.

Ingredients

Powder Unflavored:

Maltodextrin, Whey Protein Hydrolysate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Calcium Citrate, Potassium Phosphate, Calcium Phosphate, Magnesium Chloride, Salt, Potassium Citrate, Ascorbic Acid, Choline Chloride, Sodium Citrate, Potassium Chloride, Calcium Hydroxide, Ferrous Sulfate, Choline Bitartrate, Taurine, m-Inositol, Zinc Sulfate, Ascorbyl Palmitate, L-Carnitine, Niacinamide, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Potassium Iodide, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

Allergens: Contains milk ingredients.

Availability

List Number	Item
62595	Similac Total Comfort Ready to Feed / 2-fl-oz (59-mL) bottle / 48 ct
62597	Similac Total Comfort Powder / 1.41-LB (638-g) SimplePac / 4 ct
62599	Similac Total Comfort Powder / 12.0-oz (340-g) can / 6 ct
63012	Similac Total Comfort Powder / 1.41-LB (638-g) SimplePac / 4 ct

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Nutrition Information - Powder Unflavored

	100 Cal	1000 mL
	Value	Value
Calories	100	643
Volume, mL	155.5	1000
Protein, g	2.32	14.92
Fat, g	5.4	34.73
Carbohydrate, g	11	70.7
Water, g	140	900
Linoleic Acid, mg	1000	6431
Vitamin A, IU	300	1929
Vitamin D, IU	60	386
Vitamin E, IU	1.5	9.6
Vitamin K, mcg	8	51
Thiamin (Vitamin B1), mcg	100	643
Riboflavin (Vitamin B2), mcg	160	1029
Vitamin B6, mcg	63	405
Vitamin B12, mcg	0.26	1.67
Niacin, mcg	1100	7074
Folic Acid (Folacin), mcg	16	103
Pantothenic Acid, mcg	470	3023
Biotin, mcg	4.6	29.6
Vitamin C (Ascorbic Acid), mg	9	58
Choline, mg	24	154
Inositol, mg	4.5	28.9
Calcium, mg	105	675
Calcium, mEq	5.3	33.8
Phosphorus, mg	70	450
Magnesium, mg	6	39
Iron, mg	1.9	12.2
Zinc, mg	0.79	5.08
Manganese, mcg	5	32
Copper, mcg	95	611
Iodine, mcg	9	58
Selenium, mcg	2	13
Sodium, mg	46	296
Sodium, mEq	2	12.9
Potassium, mg	121	778
Potassium, mEq	3.1	20
Chloride, mg	68	437
Chloride, mEq	1.9	12.2

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Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.4 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.4 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Pour prepared formula into feeding bottle, cap and store in refrigerator. **Use within 24 hours.**

Ready to Feed

Ready to feed formula if mixed with water may not provide proper nutrition, and repeated use of such feedings could cause illness.

- 1 **Do not use if breakaway ring is missing or broken.**
- 1 **Do not add water.**
- 1 **Shake very well.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
 - 1 Use clean hands to attach nipple and ring.
 - 1 Use sterile nipple and ring if directed.
- 1 Once feeding begins, **use within 1 hour or discard.**

Storage & Handling

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**
- 1 Do not reuse container.

Ready to Feed

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.