

Product Information: Similac® Special Care® 30 With Iron

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Special Care® 30 With Iron

Premature Infant Formula with Iron

- 1 A 30 Cal/fl oz iron-fortified feeding for growing, low-birth-weight infants and premature infants. Suitable for use as a human milk fortifier and/or a breast milk extender when mixed 1:1 with human milk.
- 1 Use under medical supervision.
- 1 First 30-Cal/fl oz ready-to-feed liquid preterm infant formula for delivery of high-calorie, nutrient-dense feedings.
- 1 Highest caloric density preterm formula.
- 1 Formulated to maximize nutrient intake during periods of fluid restriction.
- 1 Calcium and phosphorus at concentrations - and ratio (1.8:1) - that supports intrauterine accretion rates.¹
- 1 DHA and ARA, nutrients naturally found in breastmilk that are important for brain and eye development.
- 1 Lutein and DHA to support the developing eyes and brain.
- 1 Has a unique blend of nucleotides to help support the developing immune system.
- 1 Approximately 2 mg iron/kg body weight per day, when fed at 120 Cal/kg body weight per day.
- 1 Mixes easily with other Similac® Special Care® formulas for a variety of high-caloric, nutrient-dense formulas—helps eliminate potential for mixing errors.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Never use a microwave oven to warm formula. Serious burns can result.
- 1 If signs of intolerance develop, slow feeding or discontinue.
- 1 Not intended for feeding low-birth-weight infants after they reach a weight of 3600 g (approximately 8 lb) or as directed by a doctor.

¹ Mize et al. Am J Clin Nutr 1995;62:385-391.

Ingredients

Liquid Unflavored:

Water, Nonfat Milk, Corn Syrup Solids, Medium-Chain Triglycerides, Soy Oil, Whey Protein Concentrate, Coconut Oil, Lactose. Less than 0.5% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Calcium Phosphate, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Magnesium Chloride, Sodium Citrate, m-Inositol, Potassium Hydroxide, Carrageenan, Ferrous Sulfate, Choline Bitartrate, Taurine, Choline Chloride, Niacinamide, L-Carnitine, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulfate, Riboflavin, Potassium Citrate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Folic Acid, Manganese Sulfate, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Chloride, Potassium Phosphate, and Nucleotides (Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate).

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
56275	Similac Special Care 30 With Iron and Lutein & DHA Inst / 2-fl-oz (59-mL) Bottle / 48 ct
56312	Similac Special Care 30 With Iron and Lutein & DHA / 2-fl-oz (59-mL) Bottle / 6 x 8 ct

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Nutrition Information - Liquid Unflavored

	100 Cal	1000 mL
	Value	Value
Calories	100	1014
Volume, mL	99	1000
Protein, g	3.0	30.4
Fat, g	6.61	67.1
Carbohydrate, g	7.73	78.4
Water, g	84	852
Linoleic Acid, mg	700	7101
Vitamin A, IU	1250	12681
Vitamin D, IU	150	1522
Vitamin E, IU	4.0	40.6
Vitamin K, mcg	12	122
Thiamin (Vitamin B1), mcg	250	2536
Riboflavin (Vitamin B2), mcg	620	6290
Vitamin B6, mcg	250	2536
Vitamin B12, mcg	0.55	5.58
Niacin, mcg	5000	50722
Folic Acid (Folacin), mcg	37	375
Pantothenic Acid, mcg	1900	19274
Biotin, mcg	37	375.3
Vitamin C (Ascorbic Acid), mg	37	375
Choline, mg	10	101
Inositol, mg	40	406
Calcium, mg	180	1826
Phosphorus, mg	100	1014
Magnesium, mg	12	122
Iron, mg	1.8	18.3
Zinc, mg	1.5	15.22
Manganese, mcg	12	122
Copper, mcg	250	2536
Iodine, mcg	6	61
Selenium, mcg	1.8	18.3
Sodium, mg	43	436
Potassium, mg	129	1308
Chloride, mg	81	821

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Preparation

Can be mixed 1:1 with human milk or to a variety of caloric densities using the **Similac® Special Care® Liqui-Mix® System**. Follow the directions for mixing and use as prescribed by your baby's doctor.

Ready to Feed

The health of the infant depends on carefully following the directions for preparation and use. Proper hygiene, handling and storage are important when preparing infant formula.

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
- 1 Pour desired amount into feeding container or attach nipple and ring (not included).
- 1 **Once oral feeding begins, use within one hour or discard.**
- 1 **If signs of intolerance develop, slow feeding or discontinue.**

Storage & Handling

Ready to Feed

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 If original bottle was not used for feeding, recap immediately and store in refrigerator **for up to 24 hours**.

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