

Product Information: Ensure Plus® (Retail)

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Plus® (Retail)

Nutrition Shake

- 1 ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. ENSURE PLUS can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 A source of Complete, Balanced Nutrition®.
- 1 High in calories (1.5 Cal/mL) and excellent source of protein (13 g/serving).
- 1 Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid ALA (40% of 1.6 g DV) to support heart health.
- 1 Excellent source of 24 essential vitamins and minerals.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Not for IV use.



Safety Precautions

- 1 Not for patients with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Canola Oil, Soy Protein Isolate, Corn Oil, Pea Protein Concentrate. Less than 0.5% of the Following: Natural & Artificial Flavor, Magnesium Phosphate, Potassium Citrate, Soy Lecithin, Sodium Citrate, Potassium Chloride, Calcium Phosphate, Calcium Carbonate, Salt, Choline Chloride, Ascorbic Acid, Potassium Hydroxide, Carrageenan, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Sodium Molybdate, Biotin, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
53642	Ensure Plus (Retail) Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 30 ct
53809	Ensure Plus (Retail) Nutrition Shake Dark Chocolate / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57263	Ensure Plus (Retail) Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57266	Ensure Plus (Retail) Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57269	Ensure Plus (Retail) Nutrition Shake Strawberry / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57272	Ensure Plus (Retail) Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57755	Ensure Plus (Retail) Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
57756	Ensure Plus (Retail) Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
62932	Ensure Plus (Retail) Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 16 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Carbohydrate, % Cal	57	
Protein, % Cal	15	
Fat, % Cal	28	
Osmolality, mOsm/kg H2O	680	
Calories	350	
Calories from Fat	100	
Fat, g	11	17
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	9
Potassium, mg	400	11
Carbohydrate, g	50	17
Dietary Fiber, g	0	0
Sugars, g	20	
Protein, g	13	26
Vitamin A		25
Vitamin C		60
Calcium		30
Iron		25
Vitamin D		40
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		30
Iodine		25
Magnesium		25
Zinc		25
Selenium		30
Copper		25

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Manganese		60
Chromium		25
Molybdenum		60
Chloride		8
Choline		15

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening