



SIZING DISPOSABLE BRIEFS

Fit Right Sizing Reference

By Hip and Waist Measurements:

Measure the hips or waist, whichever appears larger as follows:

Step 1:

Measure hip bone to hip bone and over the abdomen.

Step 2:

Double the largest measurement obtained in Step 1 and add two inches.

Step 3:

Using this figure, make product size selection from the chart on the right.

Example:

Hip bone to hip bone = 19" (49 cm)

19" x 2" (49 cm x 5 cm) = 38" (97 cm)

38" + 2" (97 cm + 5 cm) = 40" (102 cm)

40" (102 cm) = Medium or Regular Brief



Brief Size Selection:

MEDLINE BRAND	
Small = 20-32" (51-81 cm)	Green or Light Blue
Medium = 32-42" (81-107 cm)	White
Regular = 40-50" (102-127 cm)	Purple
Large = 48-58" (122-147 cm)	Blue
X-Large = 59-66" (150-168 cm)	Beige
XX-Large = 60-69" (152-175 cm)	Green
Bariatric = 65-90" (165-229 cm)	Beige

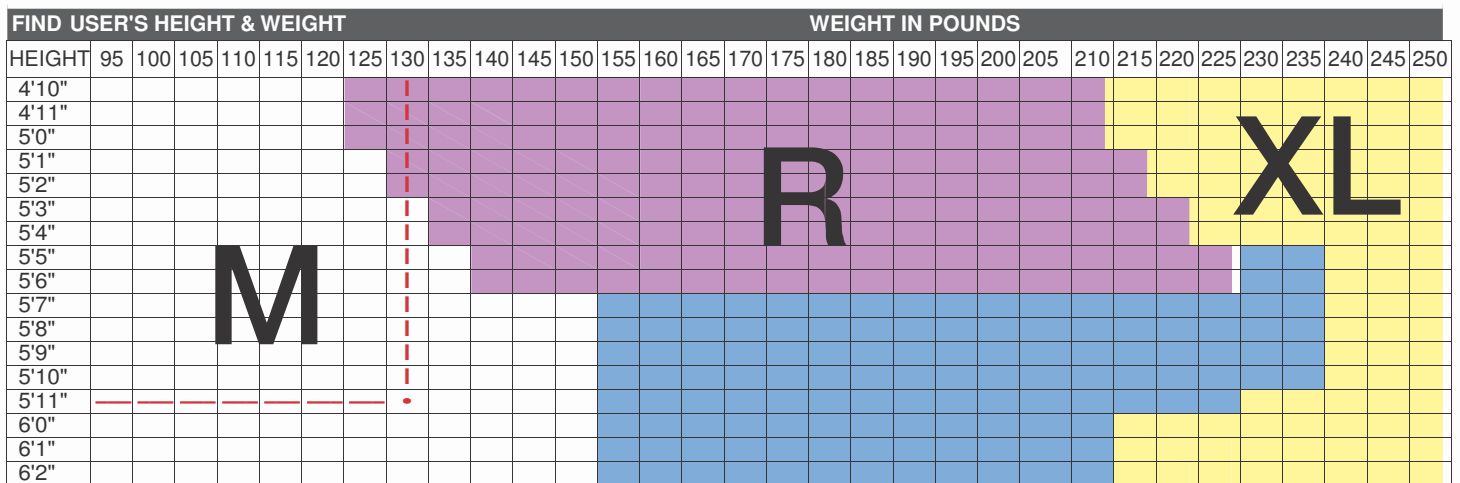
By Height & Weight:

FEMALE WEIGHT	BRIEF SIZE	COLOR	WAIST/HIP*
75-90 lbs.	Small	Green	20-32" (51-81 cm)
90-115 lbs.	Medium	White	32-42" (81-107 cm)
115-130 lbs.	Assess for Medium/Regular	Purple	40-50" (102-127 cm)
130-175 lbs.	Assess for Regular/Large	Blue	48-58" (122-147 cm)
175-235 lbs.	X-Large	Beige	59-66" (150-168 cm)
235-250 lbs.	XX-Large or Mesh Pants	Green	60-69" (152-175 cm)
250 lbs. & heavier	Bariatric	Beige	69" & Up (175 cm +)

MALE WEIGHT	BRIEF SIZE	COLOR	WAIST/HIP*
120-150 lbs.	Medium	White	20-32" (51-81 cm)
150-200 lbs.	Assess for Medium/Regular	Purple	40-50" (102-127 cm)
200-235 lbs.	Assess for Regular/Large	Blue	48-58" (122-147 cm)
200-235 lbs.	X-Large	Beige	59-66" (150-168 cm)
235-250 lbs.	XX-Large or Mesh Pants	Green	60-69" (152-175 cm)
250 lbs. & heavier	Bariatric	Beige	69" & Up (175 cm +)

*Use the larger of the two

By Height & Weight:



Sizing chart above is a recommendation only. Also available: Bariatric Size XXXL for patients weighing more than 250 lbs. (waist size: 70-90").



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